

Am I eligible for this service?

If you are interested in this service please take this leaflet to your health or social care professional, this can be your G.P., Care Coordinator or Psychiatrist

The service is available to those diagnosed with a mental health condition and referrals can be made through your health or social care professional

To access this service you must:-

- be aged between 18 and 64
- have expressed an interest in seeking paid employment
- be resident in the Croydon borough and planning to stay in the borough
- be able to attend scheduled appointments
- be eligible to work in the United Kingdom
- be able and willing to travel to place of work
- be able to manage mental health symptoms with minimal support
- be able to manage your own medication or have appropriate support if not receiving medication.
- be ready and able to engage in training, volunteering/work experience and work preparation activities.
- be experiencing a reasonable level of stability e.g. housing, benefits, lifestyle

For further information contact

Employment Support
Mind in Croydon
Orchard House
15a Purley Road
South Croydon
CR2 6EZ

T: 0208 253 8202

F: 0208 253 8228

Email: ess@mindincroydon.org.uk

Website: www.mindincroydon.org.uk

Monday to Friday 9am-5pm

Employment



Support

Charity No. 1073880

Have you been thinking about work?

Employment



Support

Employment Support Service

We're here to help you!

 **Mind in Croydon**
for better mental health

If you have never worked or have been out of work for a while, Mind Employment Support can help you make the most of the skills you already have and develop new ones to help build your confidence.

We can help you to:

find suitable work placements and volunteering opportunities



and much more....

We will work with you to develop your career plan, giving you the best possible preparation for the world of work.

We can help you:



write or update your CV

Search for jobs and complete application forms



access further education or training



practice for interviews



With benefits advice



In Work Support

If you find employment, we'll keep in touch to make sure everything is going well.

How can I access this service?

You must be willing to get involved in all areas of getting back to work.

If you would like to be referred to this service, please consult your health or social care professional e.g. G.P. or Care Coordinator.