



# Activities

Date	Activity	Meeting Point	Time
Thu 3rd Jan	Walk/Jog	Lloyd Park, outside the cafe	11am
Fri 4th Jan	East Croydon to Lloyd Park Walk	Meet at East Croydon train station	11am
Tue 8th Jan	Football	Sanderstead Recreation Ground, outside Priscilla's Tea Room	11am
Thu 10th Jan	Walk/Jog	Lloyd Park, outside the cafe	11am
Mon 14th Jan	Table Tennis	Orchard House, 15a Purley Road, CR2 6EZ	Midday
Thu 17th Jan	Walk/Jog	Lloyd Park, outside the cafe	11am
Thu 24th Jan	Walk/Jog	Lloyd Park, outside the cafe	11am
Fri 25th Jan	Bethlem Royal Hospital outdoor gym	Meet outside the main gates, Monks Orchard Road, Beckenham, BR3 3BX	2pm
Wed 30th Jan	Badminton	South Croydon Sports Club, Beech Copse, CR2 7ES	2pm
Thu 31st Jan	Walk/Jog	Lloyd Park, outside the cafe	11am



Active Minds  
Tel: 020 8253 8205 Mobile: 07871 151481  
activeminds@mindincroydon.org.uk

