

# FREE INDEPENDENT CONFIDENTIAL

## AN IMHA CAN SUPPORT YOU TO

- Understand your rights under the MHA
- Access information
- Exercise your rights
- Express your views and wishes
- Speak to people involved in your care and treatment
- Attend relevant meetings
- Meet with you in private
- Access your records (with your consent)
- Explore options

If you are not in hospital OR NOT detained under the Mental Health Act, an advocate can still help you to ensure your views and wishes are represented.

### Contact Details:

T: 0345 310 1812

E: [referrals@advocacyforall.org.uk](mailto:referrals@advocacyforall.org.uk)

**advocacy**  
for CROYDON



Charity no: 1073880

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## INDEPENDENT MENTAL HEALTH ADVOCACY (IMHA)

IMHA advocates are specially trained to work within the framework on the Mental Health Act.

### YOU HAVE A RIGHT TO AN IMHA

If you are a 'Qualifying Patient' that is:

- Detained under section (excludes Section 4, 5, 135, 136)
- Conditionally discharged
- Guardianship
- CTO (Community Treatment Order)
- Being considered for treatment under s57
- Under 18yrs & being considered for treatment under s58a

