

CARERS' DROP-IN



If you are a carer, 18 and over and live, work or are educated in the borough of Croydon, or if the person you care for lives, works, or is educated in the borough of Croydon then you are eligible to apply for Carers Counselling at Mind in Croydon.

We also provide the following FREE Drop-In service for Carers:

It's a confidential place for carers to discuss their shared experiences, facilitated by a counsellor.

Carers Drop-In sessions, via Zoom
Fortnightly on Tuesdays 6:30pm – 7:30pm
from 17th August, 2021

You do not need to inform us of your attendance,
you can just login and join us!

Address for the groups: The groups will take place on Zoom

T: 020 8763 2064 E: counselling@mindincroydon.org.uk