

FREE Hoarding Project

Mind in Croydon's Counselling Service has been funded by Croydon Council to run a Breakthrough Hoarding Prevention Project.

Purpose

The purpose of the project is to help participants to examine why they collect items that clutter their home and what it would be like to consider letting some of these things go.

How would this happen?

There will be 6 group sessions held fortnightly comprising of the participants with their De-Clutter Buddies.

As part of the project, participants will be introduced to De-Clutter Buddies who will come to their homes for 1 hour a week for 12 weeks and look at what could be done to support them in de-cluttering.

Who is Eligible?

Participants that live in the Borough of Croydon, aged 18 or over and identify as having a problem with hoarding.

Venue for Group Sessions

To be confirmed

Start Date

Mid 2022 - to be confirmed

How to Apply

Please provide your name, address, phone number and an email address and we will email/post the registration form to complete and return to us.

Tel: 020 8763 2064 Email: counselling@mindincroydon.org.uk

