**Black History Month Launch 2022**

The official launch of Croydon’s Black History Month where we highlight

this year’s theme: **Time for change- Action not words** with

performances, visual presentation and a panel discussion.

**Time**: 6:30pm

**Date**: Friday 30th September 2022

**Location**: Norbury High School – Kensington Ave, Thornton Heath

CR7 8BT

**Elders Group/Online session**

**‘Then and Now’**

This session focuses on the **journey from the West Indies to London**. There is current interest to capture the stories of the migration experience in the UK. Let’s explore leaving the West Indies and travelling, up to first entering the UK. What was your experience? Let’s talk about it and capture your thoughts for historical contributions.

**Time**: 3.00pm to 4.30pm  
**Date**: Wednesday 5th October 2022  
**Location**: Online  
**Age**: 55+

**Caribbean voices of those aged 50 years and over’**

West Indian migrants and their descendants created unique forms music and socialising. There is current interest to capture the stories of the migration experience in the UK.   
  
Let’s explore the concept of ‘raving’ in the 60’s, 70’s and 80’s. What was your experience? Let’s talk about it and capture your thoughts for historical contributions. Please bring along any object/s that you want to show others to make this sharing experience wholesome.  
  
**Time**: 6.30pm to 8.00pm  
**Date**: Thursday 6th October 2022  
**Location**: 56a Mitcham Road, West Croydon, CR0 3RG

**Black Hair Care**

Tips and advice for Afro Hair

Do you rely on others for your child’s hair care? Are you limited to styles?  
Stand Up Black Dads are teaming up with Kinks, Kurls and Swirls to teach Males and females the importance of hair care basis for afro and curly textured hair.

**Time**: 12:00pm – 5pm  
**Date**: Saturday 8th October 2022  
**Location**: Wellness Centre, Whitgift Centre  
**Tickets**: [www.standupblackdads.co.uk](http://www.standupblackdads.co.uk)  
 **\*\*\*\*\*\*3rd Party Partnership event**

**Let’s talk about Cancer (Part Two)**

Join us for an online panel discussion about Prostate Cancer. Let’s discuss the myths, taboos, stigmas, facts and the help / support available locally.

This is your opportunity to get your questions answered truthfully and hear about lived experiences.

**Time**: 6.30pm to 8.00pm  
**Date**: Thursday 13th October 2022  
**Location**: Online

**Get Educated – Get Screened**

Come along to our information stall at Croydon University Hospital to find out about the importance cancer screening. Information on Bowel, Breast Cervical, and Prostate cancer will be available on the day.

**Time**: 11am -3pm  
**Date**: Wednesday 12th – Thursday 13th October 2022  
**Location**: Croydon University Hospital – Near Reception

**Business Black Fair**

Join us in the Heart of Croydon where we get to see, Learn and Support local Black-owned Businesses and Home-grown Talent.

**Time**: 10:00 pm to 4:00 PM

**Date**: Saturday 15th October 2022

**Location**: Whitgift Square, Inside Whitgift Shopping Centre, CR0 1LP



**Black History Quiz night**

Join us in Quiz night about Black History Month. This is an opportunity to learn about Black History. Join a team or come with your own team ready to engage.

**Time**: 7:00pm

**Date**: Wednesday 19th October 2022

**Location**: Oasis Restaurant, Croydon Health Services NHS trust

530 London Road Croydon CR7 7YE

‘**What’s your first-time experience Going to the Caribbean**

This session focuses on your first **journey to the Caribbean from the UK**. There is current interest to capture the stories of the migration experience in the UK. Let’s explore travelling over to where your parents left, for the first time.

What was your experience? How did the trip influence you? Would you go back? Are connections strong or lost across the Atlantic? Let’s talk about it and capture your thoughts for historical contributions.

**Time**: 6.30pm to 8.00pm  
**Date**: Friday 21st October 2022  
**Location**: Online  
**Age:** Open to everyone

**Black History Month Concert**

The AOJUK Presents A Black History Month Concert, Lets celebrate together! Live musical performances, poetry recitals, raffle with greet prizes & more.

This is your opportunity to get your questions answered truthfully and hear about lived experiences.

**Time**: 7pm to 9.30pm  
**Date**: Friday 14th October 2022  
**Location**: St Oswald’s Church, Green Lane, Norbury, SW16 3SB  
**Tickets**: Paid Event form Eventbrite – AOJUK Hotline 07368 399 801  
 **\*\*\*\*\*\*3rd Party Partnership event**

**Interview with Maisie Barrett - The Windrush Child - Our Stories**

**Description**: Maisie will be telling her real-life story of being a Windrush Child and her experience in education, which is deemed her "educationally *subnormal*, and the impact on her life and her children.  Maisie appeared in the BBC documentary Subnormal: A British Scandal.

**Location**: Live Event

**Date**: Tuesday 18th October 2022

**Time**: 7.00 PM

**Money on My Mind - Launch Event**

This is a launch event and the first of the four events in the series. This is an opportunity to find out how to best support yourself in a financial crisis while equipping your mental health.  Come and see experts in Finance, Pension, and benefit entitlements.

**Date**: 19th October 2022

**Time**: 6.30pm to 8.00pm

**Location**: London South Bank, Croydon   
**Price**: Free

**The Psyche of a Black man**

The second 2nd Psyche of a Black man in celebration of Black History Month.  We are looking at the views of Black men in regards to Mental Health, racial discrimination and the next steps.

**Time**: 6.30pm to 8.00pm  
**Date**: Monday 24th October 2022  
**Location**: Front Room, Croydon

**How to manage your studies and well-being’**

Let’s explore engaging in education. Are you returning to studying?   
  
How do you manage the coursework? How do you manage your mental health and well-being whilst studying?

Let’s talk about it and capture your thoughts for mutual support and our wellbeing.

**Time**: 6.30pm to 8.00pm  
**Date**: Thursday 27th October  
**Location**: Online