

ALL REFERRALS SHOULD BE E-MAILED TO:

ch-tr.mhpics@nhs.net

Exclusion Criteria:

- Adults not registered with a Croydon GP
- Adults who do not wish to engage with the service
- People who are in crisis or too unwell to engage with the service
- Anyone with a significant mental health condition or drug & alcohol dependency that is not being clinically managed or for which support has been refused
- People with no mental capacity to engage or set goals

Contact Information

Fairfield House

10 Altyre Road
East Croydon
CRO 5LA

Tel: 020 8688 1210 (option 2)

Croydon BME Forum

56a Mitcham Road
Croydon
CRO 3RG

Tel: 020 8684 3719

Mental Health Personal Independence Co-Ordinator Service

‘Using a person-centred approach to enable people to stay well and to live fulfilling lives’

Information for
Professionals & Referrers

 mind in Croydon



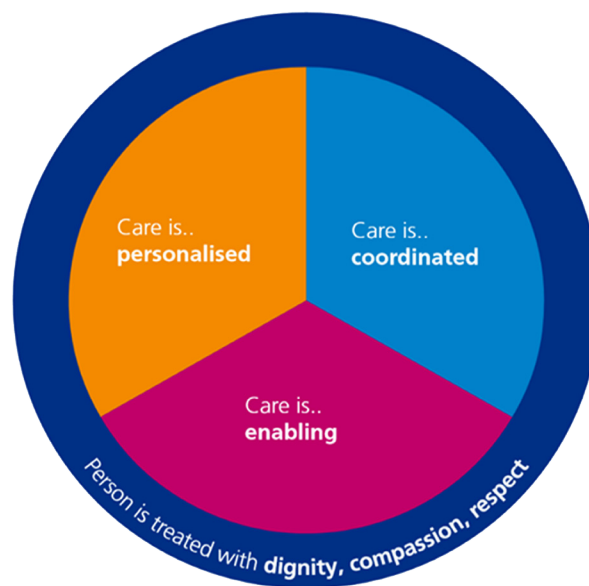
 mind in Croydon



Aims & Objectives of the Service:

- To increase practical mental health support in GP Practices for people with a Serious Mental Illness (SMI)
- To enable a pro-active response by GP Practices for those with SMI
- To enable people with SMI to stay well
- To facilitate navigation to appropriate sources of mental & physical health care, education, housing, social care and benefits/financial support
- To enable stepped up care where or when more specialist mental health care is required and stepped down in a flexible manner
- To facilitate effective links with community assets to support & enable clients to become more embedded within their community and to use these assets to support their mental health.

Key Principles



Who can Refer?

- GPs
- ICN+
- Huddles
- Community Hub (used to be Talking Point)

This service is provided primarily for residents of Croydon and who are registered with a GP from South West London CCG – Croydon.

Who can use the MHPIC Service?

- Adults over 18yrs with an identified mental health need
- Adults identified by the GP, core members of the ICN+, Huddles and Talking points who need assistance with:
 - Social isolation
 - Emotional needs
 - Financial support
 - Improving ability to self-manage
 - Improving ability to manage at home
 - Carer support