

MHPIC service is not suitable for you:

- If you are not 18 years of age.
- If you are not registered with a GP within Croydon
- If you do not wish to engage with the service
- If you are in crisis or too unwell to engage with the service
- If you are dependent on drugs & alcohol and you are not being treated or you have refused to accept support
- If you are unable to manage or set goals

If you would like to access the MHPIC service, speak to your GP who can refer you to the service. You cannot refer yourself to the service.

You can contact the service for more information.

Contact Information

Fairfield House

10 Altyre Road, East Croydon, CR0 5LA
Tel: 020 8688 1210 (option 2)

Croydon BME Forum

56a Mitcham Road, Croydon, CR0 3RG
Tel: 020 8684 3719

Croydon's Mental Health Personal Independence Co-Ordinator (MHPIC) Service



Information for Service Users

'Using a person-centred approach to enable people to stay well and to live fulfilling lives'

 mind in Croydon



 mind in Croydon



Mind in Croydon is a registered charity. No: 1073880

Croydon BME Forum is a registered charity. No: 1108843

What is the MHPIC Service?

MHPIC service is a one-to one support service for individuals with mental health conditions.

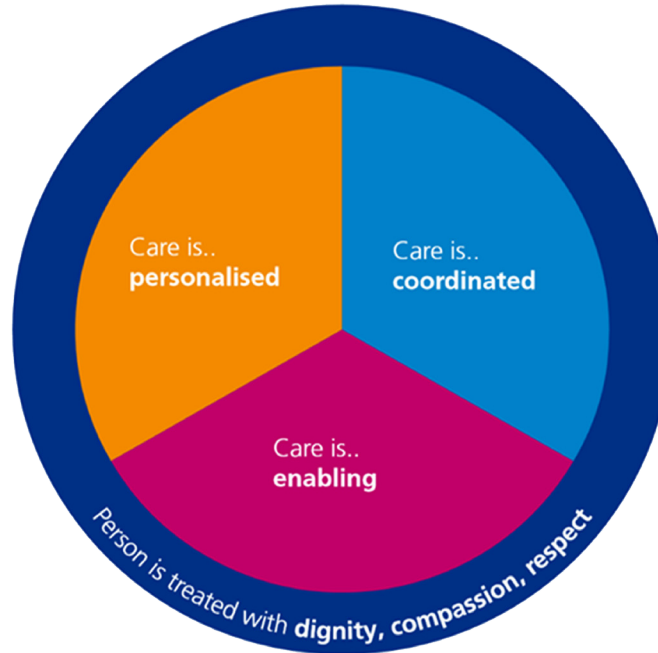
This service provides you with:

- direct person-centred support
- assistance to access and use community support services
- support to manage and maintain your physical, mental health and wellbeing

What can I expect from the MHPIC Service?



- One to One support from a named key worker
- Support to co-ordinate daily tasks & manage your Personal Recovery Plan
- Support to identify & set goals & work towards achieving them
- Support to overcome any barriers that may arise in achieving your identified goals
- Support to create and build social and community networks



The MHPIC Service aims to:

- Focus on what matters most to you and how we can best support you and your family
- Support you to stay well both mentally and physically
- Support you to live independently

Can I use the MHPIC Service?

Yes, if you are:

- A resident of Croydon and are registered with a Croydon GP
- 18 years and over with an identified mental health condition
- In need of assistance with:
 - Managing mental health
 - Social isolation
 - Emotional needs
 - Financial support
 - Improving ability to self-manage
 - Improving ability to manage at home
 - Carer support