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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **8th April**  **Drama Group**  Time 11am-1pm  **Mindfulness**  1.30pm-2.45pm | **9th April**  **Men’s Group**  Time 11-12.30pm  **Young People’s Group**  Time 1-2.30pm  **Assessments** | **10th April**  **Hub Day!**  **10am – 4pm**  Compassionate Chat  10am  Dance 2pm  Walking/Photography 2pm | **11th April**  **Equine Therapy**  9am-12.30pm  Training/Meetings | **12th April**  **Woman’s Group**  10-11.30am  **Carer’s Group**  11-12pm  **Art Group**  12.30-2.30pm | **13th April**  **Hub Day!**  **10am – 4pm**  Singing 2.30-3.30pm |
| **15th April**  **Drama Group**  Time 11am-1pm  **Mindfulness**  1.30pm-2.45pm | **16th April**  **Men’s Group**  Time 11-12.30pm  **Young People’s Group**  Time 1-2.30pm  **Assessments** | **17th April**  **Hub Day!**  **10am – 4pm**  Chair exercise 11am  Dance 2pm  Walking/Photography 2pm | **18th April**  **Equine Therapy**  9am-12.30pm  Training/Meetings | **19th April**  **Woman’s Group**  10-11.30am  **Carer’s Group**  11-12pm  **Art Group**  12.30-2.30pm | **20th April**  **Hub Day!**  **10am – 4pm**  Singing 2.30-3.30pm |
| **22nd April**  **Drama Group**  Time 11am-1pm  **Mindfulness**  1.30pm-2.45pm | **23rd April**  **Men’s Group**  Time 11-1pm  **Young People’s Group**  Time 1-2.30pm  **Assessments** | **24th April**  **Hub Day!**  **10am – 4pm**  Compassionate Chat  10am  Dance 2pm  Walking/Photography 2pm | **25th April**  **Equine Therapy**  9am-12.30pm  Training/Meetings | **26th April**  **Woman’s Group**  10-11.30am  **Carer’s Group**  11-12pm  **Art Group**  12.30-2.30pm | **27th April**  **Hub Day!**  **10am – 4pm**  Singing 2.30-3.30pm |
| **29th April**  **Drama Group**  Time 11am-1pm  **Mindfulness**  1.30pm-2.45pm | **30th April**  **Men’s Group**  Time 11-12.30pm  **Young People’s Group**  Time 1-2.30pm  **Assessments** | **1st May**  **Hub Day!**  **10am – 4pm**  Chair exercise 11am  Dance 2pm  Walking/Photography 2pm | **2nd May**  **Equine Therapy**  9am-12.30pm  Training/Meetings | **3rd May**  **Woman’s Group**  10-11.30am  **Carer’s Group**  11-12pm  **Art Group**  12.30-2.30pm | **4th May**  **Hub Day!**  **10am – 4pm**  Singing 2.30-3.30pm |